



13 March 2026

This Week at St Mary's...

This week we have had a visit from VIA who delivered some Road Safety Workshops to all children across school. The children in Class 1 had a super visit to St Mary's church to explore the different features with Rev Claire. Class 2 have created some fabulous moving fairground ride ideas and we ended the week with a wonderful Mothers Day event in school. Outside school we now have our new Basketball net up and ready for use, and are looking forward to our new equipment being installed soon!

Whole school attendance this week...

94.9%

This week's awards go to...

Marsali
Joshua
Isla
Phoebe

Edith
Esther
Sylvie
Martha

James & Edith

Dates and Events

March

- 17th - Spring Disco
- 20th - Comic relief
- 20th - Rocksteady Concert
- 27th - Last day of term

House Leaderboard



Oak

211



Birch

225



Pine

184



Willow

171



School Dojo Leaderboard

Class 1: Edith

Class 2: Eliza/Sophie

Class 3: Belle

Class 4: Evie/Martha

Celebrating wider achievements

This week Esther shared her super Gymnastics awards - she has worked hard to achieve Level 1 and 2. Well done Esther.

Online Safety
[To read the full version click here](#)

At The National College, our **WakeUpWednesday** guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and offer further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about STREAMING SERVICES

Streaming services are platforms that allow users to watch cartoons, documentaries and movies online immediately (often referred to as SVOD: streaming videos on demand). Ofcom reported that children and young adults prefer streaming services to traditional TV. With two-thirds of UK households subscribing to at least one streaming service, parents must understand how to manage screen time, set age restrictions and ensure safe viewing.

WHAT ARE THE RISKS?

- COSTLY**
Subscription services can be costly. As the main source of entertainment, most households have at least one streaming platform, and each platform has its own monthly subscription fee. Services are charging more for ad-free viewing, and better quality and resolutions. However, there is a cheaper option with adverts. Due to price increases, Netflix and Disney+ reported a sharp increase in users subscribing to their ad-supported tier in 2023.
- EXCESSIVE SCREEN TIME**
Excessive screen time contributes to sedentary behaviour and can negatively impact physical and mental health. Ofcom found that 4- to 15-year-olds averaged 2.5 hours per day across all video-sharing platforms, not including gaming. The vast range of content available, combined with features such as autoplay, makes it easy for children to watch for extended periods of time.
- ILLEGAL STREAMING**
Sharing passwords or using modified Fire Sticks to access streaming content without permission is illegal. Most streaming services have now put measures in place to detect account sharing. When accounts sharing is identified, platforms will offer an opportunity to pay for an added member or will ask the user to verify who they are.
- BINGE WATCHING**
Features such as autoplay make it easy for viewers – especially young people – to binge watch episodes without a break. This can foster unhealthy and addictive patterns, such as consuming a vast amount of content or sitting. With binge watching come a lack of social interaction, lack of physical exercise, a late night routine and sleep disruptions which impact their mental and physical wellbeing.
- AGE-INAPPROPRIATE CONTENT**
Most streaming platforms allow users to set up a profile for each family member, with the option of putting specific restrictions in place. These include adding a profile lock or PIN, controlling autoplay of previews and next episodes, and limiting content based on age ratings. Nonetheless, these restrictions aren't foolproof. Content which is rated as suitable for an age group may still include themes, language, or images which children and families find inappropriate.
- HARMFUL STEREOTYPES**
Many platforms track viewing habits, time consumed, and preferences, and generate recommendations to encourage your child to keep watching. This results in your child being a 'loop' whenever they think the recommended shows would be something they would enjoy rather than thinking critically for themselves. This can shape their beliefs, values, and understanding of the world from a young age without even realising it.

Advice for Parents & Educators

- SET UP INDIVIDUAL PROFILES AND ADD PINS**
Almost all streaming services allow users to set up individual profiles where each family member can have age restrictions put in place for the content they can view. Adult profiles can be protected through the use of PIN. Keep this private. Use the options of putting specific restrictions in place such as controlling autoplay of previews and next episodes, or limiting content based on age ratings.
- TALK ABOUT ALGORITHMS**
Talk to your child about how streaming services track what they watch, and how adverts and recommended shows involve on previous viewing. Encourage them to critically think about whether the recommendations are suitable and how they want to spend their time. Discuss stereotypes with your child and challenge them to think about what they watch and how this may influence their beliefs.
- MONITOR AND TALK OFTEN**
Discuss with your child what they are watching, find out which programmes are trending, and watch them yourself. Have a little look at their watch history to check the content of what they're watching. Some platforms have been known to recommend or autoplay older or graphic content after a child's movie has been played. While some TV shows or movies may have a suitable age rating, your child may still find the content scary, or it may explore themes you don't want to explore with your child yet.
- SET TIME RESTRICTIONS**
Many streaming services offer the opportunity to buy movies, or add additional features to your subscription such as sports channels, as well as play games. This can increase the amount of time young people spend sitting in front of the screen. Some platforms (e.g. Apple TV) allow you to set screen time restrictions. If the streaming service doesn't allow you to set screen time limits, set a family rule and stick to it.

Meet Our Expert
Dr Claire Sutherland is an online safety consultant, educator, and researcher who has developed and implemented anti-bullying and cyber safety programmes for schools.

#WakeUpWednesday The National

MRS LEE HAS RETURNED FROM HER WEEK'S FOREST SCHOOL TRAINING FULL OF EXCITEMENT AND ENTHUSIASM FOR OUR FOREST SCHOOL. SHE IS BUSY CREATING A SHOPPING LIST OF ALL THE ITEMS WE NEED OR THAT SHE HOPES TO COLLECT TO MAKE OUR FOREST SCHOOL A VERY SPECIAL PLACE TO BE.

SESSIONS WILL BEGIN AFTER EASTER!



Task

SILLY NON-UNIFORM DAY.

IDEAS:

- WEAR CLOTHES BACK TO FRONT
- CRAZY HAIR
- HEAD TO TOE IN RED

£1 DONATION SUGGESTED



Task

**VOTE FOR MRS BAILEY'S COMIC RELIEF OUTFIT
50P PER VOTE.**

**IF WE RAISE £50 FROM THIS MRS BAILEY WILL DRESS
UP AS ONE OF THE FOLLOWING:**

- GIANT BANANA
- FLAMINGO RIDER
- OLD LADY





Picture News

TAKEHOME

9th - 15th March



How might robots change our daily lives?



In the news this week

During China's Lunar New Year Gala, one of the world's most-watched TV shows, humanoid robots danced and performed kung-fu moves on stage. The robots could spin, jump, and move in time with music, showing how fast robotics technology is developing. Other Chinese-designed robots appeared at New Year celebrations in New York, USA. The performances have sparked global conversations about how robots might be used in future entertainment and everyday life.

Things to talk about at home ...

- > Have you ever seen a robot before? Where was it?
- > Do you think robots should be used for entertainment, work, or both?
- > What are some of the things that people can do that robots can't?
- > If you could design a robot, what would it do and why?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



IN THE SPOTLIGHT 1

NEWSPAPER
9th - 15th
March

The Rocket Returns!

Seven-time snooker world champion Ronnie O'Sullivan, known as 'The Rocket', is trying something new! For the first time ever, he's set to play in the World Seniors Snooker Championship this May at the famous Crucible Theatre in Sheffield, England. The tournament is open to players aged 45 and over and brings experienced competitors back to the table. There are 22 balls in a game of snooker: 15 red ones, six coloured balls (including the black, worth the most points!) and one white cue ball. Players use a long wooden cue (about as tall as an adult) to strike the balls across a huge 12-foot table. The table isn't wood inside! It's made



Picture: Snooker balls on the table at the start of a game. **Source:** Canva.

from stone called slate and covered in smooth green cloth called baize, so the balls glide quickly. The pockets are small, so every shot needs careful aim and steady hands! Other players, including Jimmy White and Reanne Evans, will also compete when the tournament begins on 6th May. They will need to remember not to pot the white ball!

Would you like to play snooker? Have you ever watched it?

Bronze for Bamburgh

A beach in Northumberland, England, has made waves across the globe! Bamburgh Beach has been named the third best 'One of a Kind' beach in the world by Tripadvisor, in its 2026 Travellers' Choice Awards. That means it ranked higher than famous beaches in places like Hawaii and Brazil! The new 'One of a Kind' category celebrates beaches that are truly special. Bamburgh was praised for its miles of soft sand, wide open space, and the dramatic view of Bamburgh Castle rising



Picture: Bamburgh Beach at sunrise! **Source:** Canva.

above the shore. The awards are based on millions of reviews written by travellers between late 2024 and late 2025. One Tripadvisor spokesperson said, 'For many travellers, the beach is the main event.' Bamburgh also ranked in the top 20 beaches in Europe for 2026. From castle to coastline, Bamburgh has earned international recognition!

What makes a place special to you?

Why do people explore space?



I think curiosity makes humans want to explore deeper into space - I really want to know if there are aliens or other planets like ours!
George

Let us know what you think about this week's news



picture-news.co.uk/discuss



help@picture-news.co.uk



@HelpPicture

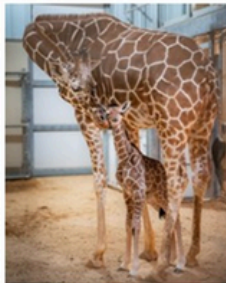
© Picture News 2026

IN THE SPOTLIGHT 2

NEWSPAPER
9th - 15th
March

Giraffe-initely Gorgeous

A newly-born giraffe has become famous for his unusual hairstyle! Eugene the reticulated giraffe calf, who lives at The Toledo Zoo with his parents, Lily and Rocket, has gone viral - partly because of his unique hairdo. Jennifer Brassil from the zoo in Ohio, USA, said, 'The public is just loving him!' Zoo staff announced that he weighed 130lbs when he was born in January, and that he



Picture: Giraffe calf, Eugene, and his mother, Lily. **Source:** The Toledo Zoo on Facebook.

has been successfully introduced to the rest of the herd, which consists of half-brother Franklin, as well as other giraffes called Charlotte Michelle, Ellie, and Rae. Jennifer added, 'Since he was introduced to the rest of the giraffe herd, everybody has been getting along well, and they're really interested in him - and he's interested in them. He's growing into his own personality, too.' Visitors at the zoo can see Eugene, who is currently in the indoor area, until the weather improves when he will go outside. He will continue to star on the zoo's social media channels too! **Have you ever seen a giraffe? Do you know any facts about them?**



Picture: Giraffe calf, Eugene. **Source:** The Toledo Zoo on Facebook.

Dino-mite Teacher Honoured

A new species of dinosaur has been named after a teacher from Wales. The animal is an ancient relative of the crocodile, thought to have lived over 215 million years ago. The new crocodylomorph has been identified from a fossil at the Natural History Museum in London. In a new paper, researchers describe the creature to have been small and fast, with long limbs. The dinosaur has been named *Galahadosuchus jonesi* - 'Galahad' after one of the King Arthur's Knights of the Round Table (who was known for his moral uprightness) because researchers have found the animal was upstanding. The second part of the name, 'jonesi', honours David Rhys Jones, a schoolteacher at Ysgol Uwchradd Aberteifi in Cardigan.



Picture: Palaeontologist working on a dinosaur fossil. **Source:** Canva.

'We named it after my secondary school physics teacher,' says Ewan Bodenham, a PhD student and lead author of the paper. 'Mr Jones was just such a good teacher, not only in being able to explain things well, but you could tell that he was genuinely interested in the sciences. I think that really inspired me. He also didn't let me settle. He was very good at challenging people and helping students be the best they can be. Above all, he's a very funny, genuine, nice guy.'

Do you have a favourite teacher? Would you like to name something in their honour?

Why do people explore space?



I'm not sure - I don't think I want to explore space because there is so much on this planet that I want to see! Also, I was very surprised by how much it costs!
Suffiah

Let us know what you think about this week's news



picture-news.co.uk/discuss



help@picture-news.co.uk



@HelpPicture

© Picture News 2026