



‘For I know the plans I have for you,’ declares the LORD, ‘ JEREMIAH 29:11

*Jeremiah made it clear that each of us has a unique dignity founded on the depths of God’s knowledge and love for His people. It is within this framework that pupils are equipped for their place in society; to live in the community both of their present and future.*

A Relationships Education curriculum planned with aspirations for pupils to leave St. Mary’s with:

- The knowledge and skills needed to be healthy, safe and prepared for the opportunities, responsibilities and experiences of adult life.
- An understanding of their own dignity as a Child of God and of this as a status shared by all who they encounter so that all are treated with respect.
- The ability to explore, clarify and if necessary challenge their own and others’ beliefs, attitudes values, rights and responsibilities
- An understanding of the ways in which their behaviours and choices can impact their own lives and those of others within society.

The aims of relationships and sex education (RSE) at our school are to:

- ✓ Provide a framework in which sensitive discussions can take place, exploring issues and values
- ✓ Help pupils develop feelings of self-respect, confidence and empathy
- ✓ Create a positive culture around issues of relationships and sexuality
- ✓ Teach pupils the correct vocabulary to describe themselves and their bodies
- ✓ Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- ✓ Developing children emotionally, socially and culturally
- ✓ Learn about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity

When planning and delivering the Relationships, Health and Sex Education curriculum, as laid out by the government, respect is central to everything we do. We follow the principles and guides as laid out in the Church Of England document ‘Valuing all God’s Children’. We educate our children about the diverse world in which we live as well as how to behave and live in a healthy manner, safeguarding the wellbeing of ourselves and those we love.